

Pl	Stno	Name	YB	Club	Time
D-10 (1) 3,0 km 15 C					
1	108	Jaël Reitsema		Argus Argus	36:58
D-14 (4) 4,5 km 12 C					
1	1	Ineke Ligthart	78	Individuals/No c Individuals	57:31
2	121	Wies Piët	14	olv MINOR MINOR	1:04:30
3	22	Nanneke Rogge Doldersum En		Individuals/No c Individuals	1:21:44
	86	Mattie De Boer		HOC'93 HOC'93	mp
D-18 (1) 6,0 km 21 C					
1	63	Thirza Hettinga	08	Argus Argus	1:32:48
D-20 (1) 6,0 km 21 C					
1	99	Aiste Mockaityte		Individuals/No c Individuals	1:09:40
D21 (4) 8,0 km 25 C					
1	118	Vilija Gvildiene		Medeina OK Medeina	1:28:47
2	2	Floor Kooistra	01	HOC'93 HOC'93	1:29:03
3	5	Esther Van Iren		olv MINOR MINOR	2:18:51
	82	Marjolein Ris	86	KOVZ KOVZ	dnf
D35 (4) 6,0 km 21 C					
1	68	Sabine Oechsner		olv MINOR MINOR	1:01:53
2	70	Marjon Baas	89	olv MINOR MINOR	1:31:40
3	98	Simone Rengeling		KOVZ KOVZ	1:41:46
	133	Wendy Afman		HOC'93 HOC'93	dnf
D40 (3) 6,0 km 21 C					
1	47	Renske Giesen	84	Argus Argus	1:03:39
2	49	Kim Hettinga	85	olv MINOR MINOR	2:21:53
	6	Sophie Bonarius	84	olv MINOR MINOR	dnf
D45 (6) 6,0 km 21 C					
1	102	Suzanna Reitsema	80	Argus Argus	1:13:54
2	124	Olga Zwikker	77	HOC'93 HOC'93	1:20:24
3	120	Jolieke Piet	78	olv MINOR MINOR	1:34:47
4	61	Inge Huisman	78	olv MINOR MINOR	1:36:42
5	64	Astrid Van Der Velde	80	Argus Argus	2:11:42
6	24	Natascha Kuijken		olv MINOR MINOR	2:14:13

Pl	Stno	Name	YB	Club	Time
D50 (5) 4,5 km 17 C					
1	54	Manon Mensink	75	Argus Argus	1:00:24
2	32	Katja Tiitinen	75	Argus Argus	1:06:34
3	38	Leene Jespers	74	KOVZ KOVZ	1:21:56
4	59	Lisa Leistra		KOVZ KOVZ	1:26:37
	128	Carolien Esselink		Individuals/No c Individuals	mp
D55 (3) 4,5 km 17 C					
1	43	Dunja Riet, van de	67	OLifant OLifant	59:59
2	26	Riëtte Van Der Wal		olv MINOR MINOR	1:33:51
3	91	Nicoline Sanders	65	Argus Argus	1:42:49
D60 (3) 4,5 km 17 C					
1	42	Masja van de Ven	66	KOVZ KOVZ	1:06:57
2	30	Birgitta Verbeek	64	olv MINOR MINOR	1:36:26
nc	92	Machteld Van Der Hoeven		olv MINOR MINOR	36:22
D65 (4) 4,5 km 17 C					
1	96	Greta Mols		hamok hamok	1:08:59
2	74	Monique Van Loon		olv MINOR MINOR	1:53:18
	66	Katinka Mulder	59	Argus Argus	mp
	116	Jooke Molenaar	60	HOC'93 HOC'93	dnf
D70 (4) 3,0 km 13 C					
1	80	Annemarieke Vervoorn		olv MINOR MINOR	30:03
2	127	Helga Haverstad		Lierbygda o-lag Lierbygda	35:00
3	105	Monica Roeling	52	KOVZ KOVZ	43:06
4	129	Heidi Hugen-beckers		Individuals/No c Individuals	56:30
D75 (1) 3,0 km 13 C					
1	100	Christa Zwikker	49	Argus Argus	47:33
H-10 (1) 3,0 km 15 C					
1	9	Pim Kranen	16	olv MINOR MINOR	28:43
H-12 (1) 3,0 km 15 C					
1	8	Koen Kranen		olv MINOR MINOR	20:21
H-14 (6) 4,5 km 12 C					
1	107	Aron Reitsema		Argus Argus	42:06
2	89	Robert Iovenko		HOC'93 HOC'93	45:07
3	123	Fedde Hoogenboezem	12	olv MINOR MINOR	1:08:35
4	23	Maarten vd Velde Vullo, Lasse		Individuals/No c Individuals	1:21:41
5	79	Klaas Frankena		Individuals/No c Individuals	1:42:06

Pl	Stno	Name	YB	Club	Time
H-14 (6)					
				4,5 km 12 C	(cont.)
	122	Ronald Roos	68	HOC'93 HOC'93	mp
H-16 (5)					
				4,5 km 17 C	
1	60	Nathan Leistra		KOVZ KOVZ	38:55
2	4	Bjorn Visser		olv MINOR MINOR	46:41
3	137	Dmitrii Rodin		Individuals/No c Individuals	1:02:46
4	33	Noah Van Der Zande	11	Argus Argus	1:14:53
	37	Thijn Nijhof		olv MINOR MINOR	mp
H-18 (1)					
				6,0 km 21 C	
1	83	Hlib Pobuzhanskyi		KOVZ KOVZ	1:26:35
H-20 (3)					
				8,0 km 25 C	
1	39	Soma Tengely	06	KOVZ KOVZ	1:01:47
2	76	Odin Groeneveld		olv MINOR MINOR	1:31:08
	36	Arsen Nosenko		olv MINOR MINOR	mp
H21 (12)					
				11,0 km 35 C	
1	25	Marvin Boot	92	olv MINOR MINOR	1:11:23
2	71	Thijs Schrama	97	Argus Argus	1:19:20
3	28	Sergey Ananyev	03	KOVZ KOVZ	1:20:46
4	20	Jeroen Vochteloo	93	HOC'93 HOC'93	1:23:41
5	81	Harm-jan Klifman		KOVZ KOVZ	1:31:55
6	13	Yorick Koumans		Individuals/No c Individuals	1:47:57
7	19	Rik Tensen	96	olv MINOR MINOR	1:51:37
8	55	Zhichao Yao		OLifant OLifant	2:00:39
9	113	Thomas Albers		Individuals/No c Individuals	2:26:42
	12	Linda Besuyen		Individuals/No c Individuals	dnf
	27	Eveline De Zeeuw		Individuals/No c Individuals	dnf
	131	Martin Wingelaar		olv MINOR MINOR	dnf
H35 (7)					
				8,0 km 25 C	
1	111	Aleksei Morozov		KOVZ KOVZ	1:04:04
2	110	Peter Reitsema	86	Argus Argus	1:12:00
3	87	Viktor Iovenko	90	HOC'93 HOC'93	1:13:35
4	94	Marc Wagenaar	90	OLifant OLifant	1:26:20
5	114	Peter Kuin		Individuals/No c Individuals	1:31:54
6	140	Mark Schrie		Individuals/No c Individuals	1:50:16
	69	Bram Chrispijn		Individuals/No c Individuals	mp
H40 (3)					
				8,0 km 25 C	
1	52	Herman Mooij	84	Argus Argus	1:12:15
2	7	Jisse Kranen		olv MINOR MINOR	1:25:55
3	48	Frans Hettinga	85	olv MINOR MINOR	1:53:47

Pl	Stno	Name	YB	Club	Time
H45 (5) 8,0 km 25 C					
1	136	Egor Rodin		Individuals/No c Individuals	1:24:12
2	97	Alex Steenbekkers		KOVZ KOVZ	1:51:00
3	45	Twan Rooijackers	79	KOVZ KOVZ	2:03:20
4	125	Rene Bloemberg		HOC'93 HOC'93	2:12:28
5	62	Kasper Hettinga	80	Argus Argus	2:18:50
H50 (4) 6,0 km 21 C					
1	34	Michel Dongen van		OLifant OLifant	41:19
2	58	Patrick Kuijken	75	olv MINOR MINOR	47:08
3	56	Ben Pelkinson		Individuals/No c Individuals	1:39:44
	77	Roland Van Loon		KOVZ KOVZ	mp
H55 (6) 6,0 km 21 C					
1	75	Olaf Binsch		olv MINOR MINOR	46:24
2	18	John Graafmans		KOVZ KOVZ	1:02:13
3	40	Marc Van Veen	70	olv MINOR MINOR	1:03:59
4	35	Koen Wagemakers		olv MINOR MINOR	1:06:36
5	106	Ronald Hendriks	71	olv MINOR MINOR	1:13:49
6	90	Frank Sanders		Argus Argus	1:14:01
H60 (6) 4,5 km 17 C					
1	41	Steven Jochems	64	KOVZ KOVZ	49:42
2	53	Klaas Jan Hofstra	65	HOC'93 HOC'93	1:00:19
3	103	Adriaan Baas	63	HOC'93 HOC'93	1:01:14
4	78	Peter Voermans		KOVZ KOVZ	1:06:18
5	117	Jeroen Hogema		olv MINOR MINOR	1:06:34
6	31	Roel Jorna		olv MINOR MINOR	1:08:05
H65 (8) 4,5 km 17 C					
1	126	Ingemar Jansson Haverstad		Lierbygda o-lag Lierbygda	37:31
2	21	Henk Snijders	60	Argus Argus	38:35
3	46	Simon Nijenhuis	58	olv MINOR MINOR	51:59
4	17	Arie Willem Van Den Berg		olv MINOR MINOR	52:05
5	67	Arne Heikoop	58	HOC'93 HOC'93	52:59
6	14	Tonny Neplenbroek	58	Argus Argus	1:00:46
7	115	Bert Molenaar	59	HOC'93 HOC'93	1:21:30
	15	Robert Van Der Hulst	59	olv MINOR MINOR	mp
H70 (9) 3,0 km 13 C					
1	44	Gerrit Riet, van de	56	OLifant OLifant	22:36
2	95	Luc Melis		hamok hamok	23:44
3	73	Peter Foppen	53	olv MINOR MINOR	25:49
4	93	Klaas De Jong		HOC'93 HOC'93	30:12
5	84	Guus Boven van	55	OLifant OLifant	32:05
6	138	Peter Bleyens		KOVZ KOVZ	36:59
7	29	Giel Pardoel	55	KOVZ KOVZ	40:11

Pl	Stno	Name	YB	Club	Time
H70 (9)					
				3,0 km 13 C	<i>(cont.)</i>
	85	Rink Post		HOC'93 HOC'93	mp
nc	16	Alwin De Lijster	75	olv MINOR MINOR	mp
H75 (1)					
				3,0 km 13 C	
1	11	Hans Kuijken	48	olv MINOR MINOR	39:24
H80 (3)					
				3,0 km 13 C	
1	101	Dirk Zwikker		Argus Argus	34:45
2	104	Mike Intgroen	46	KOVZ KOVZ	36:11
3	65	Kees Geers	44	Argus Argus	49:45
Linten (1)					
				2,1 km 7 C	
1	10	Syb Kranen	18	olv MINOR MINOR	13:48
D-10 Begeleid (2)					
				3,0 km 15 C	
1	88	Leia Iovenko	17	HOC'93 HOC'93	31:30
2	50	Lies Hettinga	16	olv MINOR MINOR	42:22
H-10 Begeleid (1)					
				3,0 km 15 C	
1	51	Stef Hettinga	18	olv MINOR MINOR	42:39